

The General Theological Seminary of The Episcopal Church
The Center for Christian Spirituality

AT 330

CONTEMPLATIVE SUPERVISION FOR INDIVIDUAL AND GROUP SPIRITUAL DIRECTION

Easter Spring Term

March 24 -- 26, 2017

Friday & Saturday, 9:30 am – 3:00 pm and Sunday 2:00 pm – 5:00 pm.

One credit, 13 hours

Adjunct Professor Westina Matthews, Ph.D.

matthews@gts.edu

Required Reading

One article: Read prior to the intensive weekend of class.

May, Gerald. "Contemplative Spiritual Formation: An Introduction," Shalem Institute, 2001 (5 pages) Provided by professor prior to class.

And

Bumpus, Mary Rose and Langer, Rebecca Bradburn (Eds.) *Supervision of Spiritual Directors Engaging in Holy Mystery*, Harrisburg, PA: Morehouse Publishing. 2005 (199 pages) ISBN-10: 0-8192-1994-0

Because this is a weekend intensive, you will be assigned specific chapter(s) to read in the Bumps and Langer book before the class, and will be asked to report to the class on the assigned chapter(s). Please wait to receive your assignment before beginning to read.

In sharing with the class your assigned reading please keep in mind the following:

- How is this reading relevant to a class on contemplative supervision?
- What two or three new ideas/thoughts/practices did you learn from your reading?
- Are there any open questions that resulted from the reading that might be discussed further with the class?
- Do you recommend particular pages or sections to your classmates for future reference?

References/Additional Resources

Based on the selected theme for your final paper, read at least three chapters from one of the following books as an additional reference. You may also draw upon additional readings of interest to you that may not be on the reading list for your final theme paper. (During the course, the instructor will offer suggestions of other books or articles related to particular themes of spiritual direction ministry):

References/Additional Resources Contd.

1. Barry, William A. & Connolly, William J. *The Practice of Spiritual Direction*. HarperOne, 2nd ed., revised, 2009. (242 pages) ISBN-10: 0061652636
2. Conroy, Maureen. *Looking into the Well: Supervision of Spiritual Directors*. Chicago: Loyola University Press, 1996. ISBN 0-8294-0827-4.
3. Dougherty, Rose Mary. *Discernment: A Path to Spiritual Awakening*. New York: Paulist Press, 2009. (80 pages) ISBN-10: 0809145545
4. Edwards, Tilden. *Spiritual Director, Spiritual Companion: Guide to Tending the Soul*. New York: Paulist Press, 2001. (232 pages) ISBN-10: 080914011X
5. Fryling, Alice. *Seeking God Together: An Introduction to Group Spiritual Direction*. Downers Grove, IL: InterVarsity Press, 2009. (152 pages) ISBN 978-0-8308-3524-9
6. Guenther, Margaret. *Holy Listening: The Art of Spiritual Direction*. Cambridge, MA.: Cowley Publications, 1992. (162 pages) ISBN- 1561010561
7. Hart, Thomas. *The Art of Christian Listening*. New York: Paulist Press, 1980. (128 pages) ISBN-10: 0809123452
8. Laird, Martin. *Into the Silent Land: A Guide to the Christian Practice of Contemplation*. New York: Oxford Press, 2008. (176 pages) ISBN-10: 0195307607
9. Lebacqz, Karen, and Joseph D. Driskill. *Ethics and Spiritual Care: A Guide for Pastors, Chaplains, and Spiritual Directors*. Nashville: Abingdon Press, 2000. (174 pages) ISBN-10: 0687071569
10. Leech, Kenneth. *Soul Friend: Spiritual Direction in the Modern World*. Harrisburg: Morehouse Publishing, 2001. (New Revised Edition). (272 pages) ISBN 0-8192-188-X.
11. Nouwen, Henri J. M., Christensen, Michael, and Laird, Rebecca J. *Spiritual Direction: Wisdom for the Long Walk of Faith*. New York: HarperCollins, 2006. (192 pages) ISBN-10: 0060754737.
12. Ruffing, Janet K. *Spiritual Direction, Beyond the Beginnings*. New York: Paulist Press, 2000. (192 pages). ISBN-10: 0809139588
13. Stairs, Jean. *Listening for the Soul: Pastoral Care and Spiritual Direction*. Minneapolis: Fortress Press, 2000. (224 pages) ISBN-10: 0800632397
14. Vest, Norvene, ed. *Still Listening: New Horizons in Spiritual Direction*. Harrisburg: Morehouse Publishing, 2000. (224 pages) ISBN-10: 0819218146