

The General Theological Seminary of The Episcopal Church
The Center for Christian Spirituality

AT 347

READING LIST

A Contemplative Approach to Sexuality and Spirituality

Easter (Spring) Term

March 31 – April 2, 2017

Friday & Saturday, 9:30 am – 3:00 pm and Sunday 2:00 pm – 5:00 pm.

One credit, 13 hours

Adjunct Professor Westina Matthews, Ph.D.

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Required Reading

Articles read before class:

Anastasiadis, Jo. Sexuality, Spirituality and Spiritual Direction. 2008 A Research Project submitted in partial fulfillment of the requirements of the Spiritual Directors' Training Programme of Spiritual Growth Ministries.

http://www.sgm.org.nz/uploads/2/0/1/6/20165561/whisperings_of_intimacy_-_jo_anastadiadis.pdf

May, Gerald. Contemplative Spiritual Formation: an introduction. 2001 Shalem Institute for Spiritual Formation, Bethesda, Maryland. (provided by professor)

Review Reflection Questions before class:

Hamilton-Poore, Samuel. "The Given and the Gift: Sexuality and God's Eros in Spiritual Direction and Supervision," in Bumpus, Mary Rose and Langer, Rebecca Bradburn (Eds.) *Supervision of Spiritual Directors Engaging in Holy Mystery*, Harrisburg, PA: Morehouse Publishing. 2005. (Appendix D, pp 193 - 196) ISBN-10: 0-8192-1994-0 (provided by professor)

Also, one of the following chapters:

Because this is a weekend intensive, each class member will be assigned to read specific chapters (usually no more than 2 chapters) from one or two of the following books and will be asked to report to the class on the assigned chapter(s). Books also will be on reserve in the library. Please wait to receive your assignment before beginning to read.

Cahill, Lisa. *Sex, Gender, and Christian Ethics*. New York: Cambridge University Press, 2003. Chapter Five "Sex, gender, and early Christianity" (pp 121-165). ISBN-10:0521578485.

Edwards, Tilden. *Living in the Presence: Spiritual Exercises to Open Your Life to the Awareness of God*. San Francisco: Harper Collins, 1995. Chapter 5, "Communing." (pp. 60 – 78) ISBN-10: 006062127

_____. *Spiritual Friend: Reclaiming the Gift of Spiritual Direction*. Paulist Press. 1980. Chapter 5 "Seeking a Spiritual Friend", (pp 105 – 124), ISBN-10: 080912288X

Required Reading Contd.

Also, one of the following chapters, contd.

Hamilton-Poore, Samuel. "The Given and the Gift: Sexuality and God's Eros in Spiritual Direction and Supervision," in Bumpus, Mary Rose and Langer, Rebecca Bradburn (Eds.) *Supervision of Spiritual Directors Engaging in Holy Mystery*, Harrisburg, PA: Morehouse Publishing, 2005. (Chapter 6) ISBN-10: 0-8192-1994-0

Lebacqz, Karen, and Joseph D. Driskill. *Ethics and Spiritual Care: A Guide for Pastors, Chaplains, and Spiritual Directors*. Nashville: Abingdon Press, 2000. Chapter Two "Ethics for Clergy" (pp 37 – 55) ISBN-10: 0687071569.

Rossiter, Rich. "Spiritual Direction with Lesbian, Bisexual, and Transgendered Persons," in Vest, Norvene, ed. *Still Listening: New Horizons in Spiritual Direction*. Harrisburg: Morehouse Publishing, 2000. (Chapter Six) ISBN-10: 0819218146.

Ruffing, Janet. "Flesh Is More than Flesh: Sexuality and Spirituality in Spirituality in Spiritual Direction," in Vest, Norvene, ed. *Still Listening: New Horizons in Spiritual Direction*. Harrisburg: Morehouse Publishing, 2000. (Chapter Twelve) ISBN-10: 0819218146.

Reference/Reading List

Based on the selected theme for your final paper, read at least three chapters from one of the following books. You may also draw upon additional readings of interest to you that may not be on the reading list for your final theme paper. (*During the course, the professor will offer suggestions of other books or articles related to the theme of your final paper*):

Barry, William A., and William J. Connolly. *The Practice of Spiritual Direction*. 2nd ed., rev. New York: HarperOne, 2009. ISBN 978-0-06-165263-9 3.

Douglas Brown, Kelly. *Sexuality and the Black Church: A Womanist Perspective*. New York: Orbis Books, 1999. ISBN-13: 978-1570752421.

Guenther, Margaret. *Holy Listening: The Art of Spiritual Direction*. Cambridge: Cowley Publications, 1992. ISBN 1-56101-056-1 2.

McMinn, Lisa Graham. *Sexuality and Holy Longing: Embracing Intimacy in a Broken World*. San Francisco, California: Jossey-Bass, 2004. ISBN-13: 978-0787968182

May, Gerald G. *Care of Mind, Care of Spirit: Psychological Dimensions of Spiritual Direction*. San Francisco: Harper and Row Publishers, 20009. ISBN-10: 0060655674

Silver, Anne Winchell. *Trustworthy Connections: Interpersonal Issues in Spiritual Direction*. Cambridge: Cowley Publications, 2004. ISBN 1-56101-252-1

Additional Resources/Episcopal Church Resources on Marriage

For those who are interested in exploring further the position of the Episcopal Church on Marriage, the following resources may be of interest:

Report from the Marriage Task Force of the General Convention of the Episcopal Church
<https://extranet.generalconvention.org/staff/files/download/12485.pdf>

Resolution A036-Amend Marriage Canon I.18
http://www.generalconvention.org/gc/2015-resolutions/A036/current_english_text

Resolution A054-Adopt Resources and Rites from “Liturgical Resources I: I Will Bless You and You Will Be a Blessing, Revised and Expanded 2015”
http://www.generalconvention.org/gc/2015-resolutions/A054/current_english_text

Standing Commission on Liturgy and Music-Marriage Supplemental Materials
<https://extranet.generalconvention.org/staff/files/download/13068.pdf>